

PIAC POST

SUPPORTING PARENTS AS PARTNERS IN EDUCATION

JANUARY 2022 | VOL 21-22 | ISSUE 5

#WORKING TOGETHER

FAMILY MENTAL HEALTH & WELL-BEING SUPPORTS

During these stressful times, it's important for parents/caregivers to take care of themselves. If you don't take care of yourself, it's harder to take care of your family. The TDSB has developed several resources to support your family's journey through the pandemic.

Monthly/daily Activities

- [Monthly Well-Being Activities for Gr.K-3](#)
- [Monthly Well-Being Activities for Gr. 4-8](#)
- [Monthly Well-Being Activities for Secondary Grades](#)
- [Monthly Well-Being Activities for Students with Special Needs](#)

[Culturally Responsive & Relevant Resources](#)

[Mental Health Toolkits](#)

Find a full list of resources on the [TDSB Mental Health & Well-Being page](#)

"Having a child who is struggling doesn't make you a bad parent, just as being a child who is struggling doesn't make you a bad kid.

Things won't always be this hard."
cmho.org

WORRIED ABOUT SCREENTIME?

Tech Woes



Not so long ago, we worried about our children's television viewing or time spent on the home phone. Today, while we may have come to terms with new technology—laptops, tablets, iPads, iPods, gaming systems, smartphones and smartwatches—we may still feel overwhelmed by how easy it is for young people to access almost anything with a touch of their fingers. With online school, no wonder we're confused about how to handle screentime.

Check out CAMH's [Youth, Family and Interactive Technology_pamphlet](#) for ideas & advice.

DID YOU KNOW?...

Parents can join PIAC Working Groups!

PIAC's Working Groups are sub-committees where the magic happens.

Many PIAC Working Groups are open to parents of the TDSB. There are various areas & levels of commitment to choose from to match up with your interests.

For details on PIAC's Working groups, and to join in, go to our [Working Groups webpage](#)

Wonder how to access Social Work services for your child?

Check out the CSW [Social Work Toolkit](#)

Response to Racism

Like School Councils, PIAC's mandate is outlined in Regulation 612, PIAC's purpose is to advise the Board & Ministry on Parent Engagement, and support School Councils in order to improve student achievement and well-being.



PIAC recently passed a motion in response to incidents of racism in the Parkdale community, asking the TDSB for more action & accountability around acts of racism.

- The Board support "hot" ward zone schools in their School Improvement Plan Equity goals
- That PIAC and the Board of Trustees advocate to the Ontario College of Teachers, Elementary Teachers' Federation of Ontario and the Ontario Secondary Schools Teachers' Federation, and to the Minister of Education to affirm a zero tolerance stance
- The Board convene a task force with representation from Community Advisory Committees, School Councils and parents of the impacted schools
- The Board provide routine disclosure on their website of racist incidents, actions and outcomes

Read the full motion on page 9 of our [November minutes](#).

#HAVEYOURSAY TDSB CONSULTATIONS 2021/2022

TDSB policies now under review include:

P.047 Naming Schools & Special Purpose Areas

To establish guiding principles and criteria for the naming and renaming of schools, special-purpose areas, and teams.

- **Open until March 14, 2022**
- [Draft Policy](#)
- [Feedback Survey](#)
- Email:
NamingSchoolsPolicyConsultation@tdsb.on.ca

TDSB 2022/23 Strategic Budget Drivers

Give your feedback on the strategic drivers that will guide and impact budget decisions.

Feedback [Survey](#) closes Jan. 31, 2022

[TDSB Policy Review Schedule](#)

TDSB System Calendar

What's Coming Up?
See our System Calendar!



Check out the [TDSB central calendar](#) for the many ways parents/guardians and school community members can get involved, learn, connect and participate in activities and events.



BECOME A PIAC VOLUNTEER!

Do you have passion for supporting parents as partners in education?

The following vacancies are open on PIAC:
Contact [PIAC](#) or your [trustee](#) about elections.

Ward 1 (Trustee Gill) - 1 position
Ward 5 (Trustee Lulka) - 2 positions
Ward 9 (Trustee Donaldson) - 1 position
Ward 10 (Trustee Moise) - 1 position
Ward 13 (Trustee Li) - 1 position
Ward 15 (Trustee Story) - 1 position
Ward 17 (Trustee Smith) - 2 positions
Ward 19 (Trustee Patel) - 1 position

CONTACT US

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PIAC
Toronto District School Board
Parent Involvement Advisory Committee