

PIAC POST

SUPPORTING PARENTS AS PARTNERS IN EDUCATION

NOVEMBER 2023

#WELL-BEING

MENTALLY HEALTHY SCHOOLS

Supporting Wellness at your School



School
Mental Health
Ontario

Santé mentale
en milieu scolaire
Ontario

Ontario has a multi-year School Mental Health and Addictions Strategy. At the centre of the strategy is a focus on the intersection of equity, identity, and student mental health. Each school board across the province has a mental health leadership team that uses this provincial strategy to guide the development of their local strategy.

Schools play a critical role in promoting everyday wellness to enhance student success. The TDSB has developed many tools and resources to help.

Have a discussion at your next School Council meeting about Mental Health and Well-Being at your school. Help your Principal develop School Belonging/Well-Being goals for your school's School Improvement Plan.

What does a mentally healthy school look like?

- Everyone is welcomed with the same warmth & enthusiasm
- Prioritizing equity and inclusion for all students and families from an anti-oppressive and anti-racist stance.
- Acknowledging each other – all parts of school community
- Feeling that it matters that you are there
- Posters with positive messages which reflect the school's diverse community and commitment to promote positivity

Student Nutrition Programs

Many of our schools have Student Nutrition Programs, offering a variety of healthy foods to students. There is a direct relationship between healthy nutrition and academic achievement & well-being. These programs would not be successful without the involvement of valued volunteers, parents and community members, including School Councils.



To find out more about how they work, why we need them, and how you can support the Nutrition Program in your school, go to the TDSB Student Nutrition page.

Join the TDSB Mental Health & Well-Being Parent Partnership Committee

SCHOOL IMPROVEMENT PROCESS

Each year, Principals develop the School Improvement Plan with parent and staff input.

The School Improvement Plan (SIP) is a road map for student achievement. It identifies areas of need and sets goals and time frames to address those needs.

Regulation 612 requires parent consultation in the SIP. School Council can participate. Work with your Principal to collect parent/caregiver input.

The SIP will develop Equity embedded goals that respond to:

- Achievement
- School Belonging/Well-Being
- Indigenous Education & Sovereignty



PIAC's New Logo!

Look for our new logo as we roll out our fresh brand!

We are a Statutory Advisory Committee to the TDSB of volunteer parents/caregivers.



#HAVEYOURSAY

TDSB CONSULTATIONS 2023/2024

Learn more about public consultation opportunities on our Policy Consultations page.

Multi-Year Strategic Plan (MYSP)

MYSP sets direction and identifies system goals in the TDSB. Complete the survey.

TDSB Policy Review Schedule

Ministry of Education

Have Your Say on the proposed **Apprenticeship program** for Gr. 11
Read the consultation guide.

Give feedback by completing the survey.
Consultation closes November 24.



BECOME A PIAC VOLUNTEER!

The following vacancies are open on PIAC. Contact PIAC or your trustee about elections.

Ward 1 (Trustee Hastings) - 1 position
Ward 5 (Trustee Lulka) - 1 position
Ward 3 (Trustee Nunziata) - 1 position
Ward 6 (Trustee Hassan) - 1 position
Ward 18 (Trustee Ghous) - 1 position
Ward 19 (Trustee Patel) - 1 position
Ward 21 (Trustee Rajakulasingam) - 1 position

CONTACT US

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